

# ProbMon IR2016 Chapter

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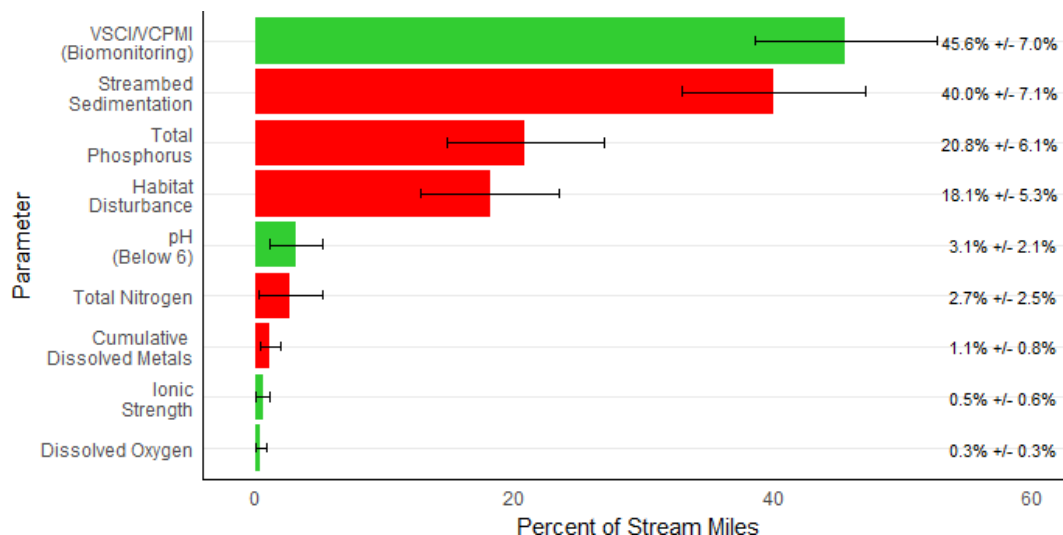
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## Chapter 2.4 FRESHWATER PROBABILISTIC MONITORING

### 2.4.1 Executive Summary

Probabilistic monitoring is designed to answer questions about statewide and regional water quality conditions. The VDEQ Probabilistic Monitoring Program, or ProbMon, has evaluated nearly 1000 Wadeable sites statewide since the program began in 2001 and sampled 646 stations (Figure 2.4-3). Over 250 sites were sampled during the 2016 assessment period (Figure 2.4-2). Although the majority of water quality parameters meet applicable water quality criteria, the biological condition of Virginia streams fail to meet expectations in approximately 46% of stream miles (Figure 2.4-1). Biological condition is assessed using aquatic organisms as indicators of stream health. These biological impairments are believed to be caused in part by stressors that are not subject to water quality criteria such as streambed sedimentation, habitat disturbance, and nutrients. The most frequently occurring water quality problems are presented in Figure 2.4-1. ProbMon is a cost-effective way to evaluate Virginia streams and rivers, test new sampling methods, and support other VDEQ water quality management activities like water quality standards development, Total Maximum Daily Load (TMDL) studies, and setting more defensible permit conditions.

*Figure 2.4-1. Percentage of stream miles with water quality parameters exceeding criteria/screening values. Red bars indicate a parameter with no water quality standard and green bars indicate a parameter with water quality standard or screening value. Data represents 2009 - 2014 Integrated Report sampling window.*

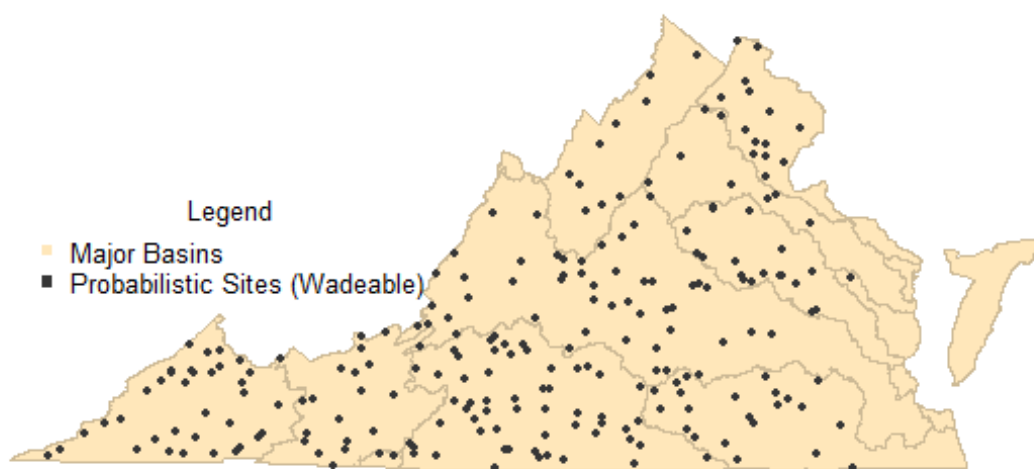


## 2.4.2 Introduction

Probabilistic monitoring is designed to answer basic questions like: “What are the primary water quality problems in Virginia? How widespread are these problems, and what pollutants cause the greatest environmental stress to Virginia’s water resources?” The Virginia General Assembly, citizens, environmental stakeholders, and the United States Environmental Protection Agency (USEPA) have encouraged the Virginia Department of Environmental Quality (VDEQ) to answer these questions and to establish baseline water quality conditions for Virginia’s streams and rivers. ProbMon is one component of VDEQ’s Water Quality Monitoring Strategy. Typically water quality monitoring stations are located at bridges, boat ramps or other public access points. These monitoring stations are known as targeted monitoring sites. Targeted monitoring has great utility for identifying impaired waters, supporting TMDL and Implementation Plan modeling efforts, monitoring water quality trends over time, tracking local pollution events, and monitoring regulatory compliance of pollution sources. However, it is not appropriate to extrapolate results from targeted stations to un-sampled watersheds over large geographic areas. Data to address water quality questions from large geographic areas are best obtained from statistically designed studies with randomly chosen sample locations.

In Virginia, ProbMon sites are randomly selected using USEPA’s probability survey design program (Stevens 1997; USEPA 2006). VDEQ samples 50 to 60 random stations per year throughout Virginia for a variety of chemical, biological, and habitat parameters. From January 1st, 2009 until December 31st, 2014 VDEQ evaluated 398 sites and sampled 254 stations (Figure 2.4-2). From 2001 to 2014, 646 sites have been sampled (Figure 2.4-3). In some cases, stations were evaluated, but not sampled for a variety of reasons including: the stream was not perennial, it was saltwater influenced, or the landowner denied access.

*Figure 2.4-2. Virginia probabilistic monitoring locations from 2009-2014 (n=254).*



Estimates of percent river miles not meeting water quality criteria or established screening values are reported with 95% confidence intervals. The sampling frame provided by USEPA for Virginia streams and rivers includes 49,100 miles. It is important to note that the total amount of assessed river miles may vary to some extent by parameter. This number varies based on whether a monitoring tool was appropriate for the sampling location. For example, VDEQ biological monitoring tools are not validated for streams without a defined channel, thus streams dominated by wetlands cannot be assessed (approximately 5,000 miles). The actual number of target stream miles (perennial, flowing freshwater) is much less because several thousands of stream miles are not perennial (e.g. the stream was dry when VDEQ visited) or were found to be saltwater influenced. There is an estimated 1,200 miles of non-wadeable streams (also referred to as boatable sites), which must be sampled using large river habitat and biological sampling methods. Non-wadeable and wadeable watersheds and sample sites sampled since 2001 are presented in Figure 2.4-4. Large river data collection, using a non-wadeable (boatable) methodology, is underway and the results will be included in future integrated report chapters. The ProbMon chapter provides estimates for all perennial, non-tidal, wadeable stream and river miles which equates to approximately 41,500 miles.

*Figure 2.4-3. Virginia probabilistic monitoring wadeable locations from 2001-2014 (n=646).*

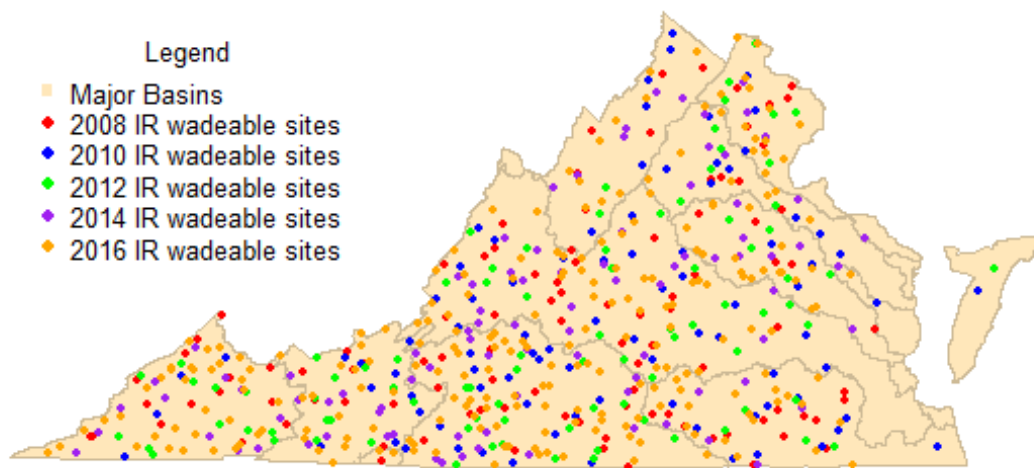
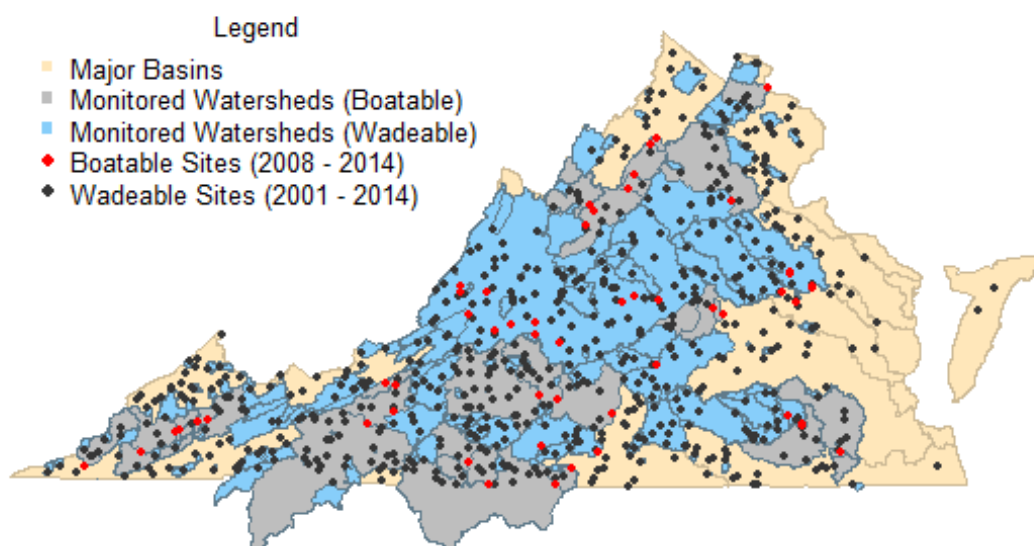


Figure 2.4-4. Virginia probabilistic monitoring wadeable and boatable watersheds and sample sites from 2001-2014 (n=715).



### 2.4.3 Parameters with Water Quality Standards or Screening Values

Dissolved oxygen, pH, temperature, metals (dissolved and sediment), organic chemicals, and bacteria have applicable water quality criteria or screening values. Water quality standards are regulatory thresholds developed to protect water quality conditions in support of swimming, fishing, and aquatic life designated uses. Screening values are non-regulatory thresholds used to interpret select water quality parameters. Overall results are summarized in Figure 2.4-1 and individual parameter results are discussed below.

#### Dissolved Oxygen

Dissolved oxygen (DO) is one of the most important measures of water quality for aquatic organisms. Adequate DO is a fundamental physiological requirement for aquatic life. In streams, the DO concentration may be altered by photosynthesis, respiration, nutrient input, re-aeration, and temperature, all of which have seasonal and daily cycles. This natural variability is reflected in the stream classification component of Virginia's Water Quality Standards (9 VAC 25-260, Commonwealth of Virginia 2011). For example, a mountain stream that supports native trout is expected to have higher DO than a low-gradient, warm water stream. Although expectations for DO concentration vary, all waters (excluding swamps) in Virginia are required to have a DO concentration of 4 mg/L or above. DO standards can be determined on a case-by-case basis if DO deviates due to natural conditions as in swamps and other wetlands (Commonwealth of Virginia 2011). Pollution plays an important role in dissolved oxygen concentration. Human and animal wastes released into streams provide nutrients which cause excessive growth of algae and aquatic plants. As microbes break down organic matter, their respiration can deplete the available DO and the aquatic biota may become stressed and die due to low DO concentration.

ProbMon results indicate that DO conditions for the majority of Virginia's streams and rivers are above the minimum value of 4 mg/L (Table 2.4-1). Most stations with values below 4 mg/L are located in coastal ecoregions where the DO is naturally lower due to swamp conditions. These sites with low DO need to be reviewed as candidates for site specific DO standards. ProbMon results suggest that the majority of mountainous zone waters, stockable trout waters, and natural trout waters are meeting DO standards.

*Table 2.4-1. Dissolved oxygen results (2009 - 2014, n=254) compared to Virginia's Water Quality Standard.*

Parameter	Below Standard ( 4 mg/L )
Dissolved Oxygen	0.3% ( +/- 0.3% )

## pH

Another primary parameter used to evaluate water quality is pH. pH measures the concentration of hydrogen ions in water or the amount of acidity present. Since the pH scale is logarithmic to base 10, a decline in pH by one unit indicates a tenfold decrease in hydrogen ions. At pH 7, a solution is neutral whereas pH values below 7 indicate acidic conditions and values above 7 indicate basic conditions.

Stream pH depends on local geology, ecology, and anthropogenic influences. If a stream has poor buffering capacity as is the case for a stream flowing over granite or shale, it may be naturally acidic. In the case where inorganic acids such as sulfuric or nitric acid are introduced via rain, the low buffering capacity can be rapidly exhausted and the pH declines. The resulting low pH may be detrimental to aquatic biota unaccustomed to low pH. pH values harmful to aquatic life are below 6 or above 9. This range is reflected in Virginia's Water Quality Standards, where most waters must fall within a pH range of between 6 and 9. Natural pH values of 5 or below occur in swamp waters and should not be considered harmful to the native fauna common to those ecosystems. pH standards can be determined on a case-by-case basis if pH deviates due to natural conditions as in swamps and other wetlands (Commonwealth of Virginia 2011).

ProbMon results show that 3.1% of wadeable Virginia streams and rivers are estimated to have pH below 6 (Table 2.4-2). All stations with deviations in pH occurred at sites located in the coastal ecoregion where swamp waters are common, which indicates the need to continue revising site specific water quality standards. VDEQ collects additional parameters, including Acid Neutralizing Capacity (ANC) and sulfate data at ProbMon stations to estimate the percent of streams impacted by acid rain and acid mine drainage. High sulfate values in low pH streams are indicative of acid mine drainage whereas streams with low ANC values are susceptible to episodic acidification from acid rain runoff (USEPA 2000). However, based on ProbMon data collected during the 2016 assessment period, DEQ estimates that no pH values are below 6 in the mountain ecoregions.

*Table 2.4-2. pH results (2009 - 2014, n=254) compared to Virginia's Water Quality Standard.*

Parameter	Below Standard ( pH 6 )	Above Standard ( pH 9 )
pH	3.1% ( +/- 2.1% )	0% ( +/- 0% )

## Temperature

Temperature affects water quality by potentially imposing a heat burden on aquatic life and by limiting the level of dissolved oxygen in water. Temperature in streams varies in relation to seasonal and daily changes. Sunlight is the primary source of temperature change. Stream temperature is also influenced by the temperature of the stream bed, groundwater inputs, and air in contact with the water surface. Temperature is inversely related to bank vegetation cover as less cover results in more exposure to the sun and higher temperature. Also, runoff from impervious surfaces in urban areas may increase water temperature. Finally, effluent that is discharged to a waterbody tends to have higher temperature than the receiving stream and may elevate instream water temperature.

Stream temperature has a significant effect on aquatic organisms. It can directly influence the types of organisms found in an aquatic system as well as their growth, behavior, metabolism, reproduction and feeding habits. Virginia's temperature standards reflect the upper limit for the support of different forms of aquatic life (Commonwealth of Virginia 2011). Standards for temperature vary, notably in cold water fisheries, but as a general rule, all waters in Virginia are required to have a temperature at or below 31 or 32 degrees Celsius.

Overall, VDEQ estimates that temperature violations will be rare in Virginia's wadeable streams (Table 2.4-3) during the spring and fall. However, it is important to note that ProbMon temperature data is seldom collected during the most stressful hydrologic and weather conditions. In order to properly estimate temperature problems, temperature data must be collected continuously. Continuous temperature collection began in 2016 at probabilistic trend sites.

*Table 2.4-3. Temperature results (2009 - 2014, n=254) compared to Virginia's Water Quality Standard.*

Parameter	Above Standard (31/32 degrees Celsius)
Temperature	0.0% ( +/- 0.0% )

## Dissolved Metals

Heavy metals have been identified as an important influence on benthic community structure in streams (Clements et al. 2000). Some taxa appear to be relatively tolerant to metals while other taxa are intolerant of heavy metals. Metals are most biologically available and toxic when dissolved in water. Toxicity of many metals is dependant on water hardness making it necessary to calculate site specific water quality criteria from hardness values. Table 2.4-4 lists the Virginia Water Quality Criteria for metals assuming a hardness (expressed as CaCO<sub>3</sub>) of 100 mg/L for most dissolved metals.



The table also summarizes the number of sites that had detectable analytical results and the number of criterion exceedences based on site specific hardness values.

No samples were measured above their respective chronic or acute sample criteria during the 2016 Integrated Report sample window (2009 - 2014). Results are shown in Table 2.4-4.

*Table 2.4-4. Dissolved metals results (2009 - 2014, n=251) compared to Virginia's Water Quality Standards. ppb<sup>1</sup> = parts per billion.*

Metal	VDEQ Acute Criteria (ppb <sup>1</sup> )	VDEQ Chronic Criteria (ppb <sup>1</sup> )	# Above Criteria	% of Miles Above Criteria
Arsenic	340	150	0	0% (+/- 0%)
Cadmium	3.9 CaCO <sub>3</sub> =100	1.1 CaCO <sub>3</sub> =100	0	0% (+/- 0%)
Chromium	570 CaCO <sub>3</sub> =100	74 CaCO <sub>3</sub> =100	0	0% (+/- 0%)
Copper	13 CaCO <sub>3</sub> =100	9 CaCO <sub>3</sub> =100	0	0% (+/- 0%)
Lead	120 CaCO <sub>3</sub> =100	14 CaCO <sub>3</sub> =100	0	0% (+/- 0%)
Mercury	1.4	0.77	0	0% (+/- 0%)
Nickel	180 CaCO <sub>3</sub> =100	20 CaCO <sub>3</sub> =100	0	0% (+/- 0%)
Selenium	20	5	0	0% (+/- 0%)
Silver	3.4 CaCO <sub>3</sub> =100	NA	0	0% (+/- 0%)
Zinc	120 CaCO <sub>3</sub> =100	120 CaCO <sub>3</sub> =100	0	0% (+/- 0%)

### Sediment Metals

VDEQ collected 492 sediment metals (arsenic, cadmium, chromium, copper, lead, mercury, nickel, silver, and zinc) samples from 2001 through 2012 and reported results in the 2008, 2010, 2012, and 2014 Integrated Reports. Sediment metals concentrations were below Probable Effects Concentrations (PECs) and affected a low percentage of stream miles. Due to the low prevalence of metals above PECs in Virginia's wadeable streams and high sampling costs, VDEQ has suspended sediment metals sampling. Consequently VDEQ will not report on sediment in the 2016 assessment cycle. Integrated Report chapters from previous assessment cycles contain estimates of sediment metals in sediment.

These chapters can be accessed at:

<http://www.deq.virginia.gov/Programs/Water/WaterQualityInformationTMDLs/WaterQualityMonitoring/ProbabilisticMonitoring.aspx#reports> .

### Organic Chemicals in Sediment

In 2001 and 2002, VDEQ collected organic chemicals, organic pesticides, polychlorinated biphenyls, semi-volatile constituents, and herbicides in sediment but the data were not analyzed at a low enough detection limit to provide useful information. VDEQ collected 209 organic chemical samples (total PCB, total PAH, heptachlor, chlordane, dieldrin, lindane, endrin, DDT, DDD, DDE, Total DDT, anthracene, chrysene, fluoranthene, naphthalene, phenanthrene, pyrene, benzoanthracene, benzo-a-pyrene)

in sediment samples from 2003 through 2006 and reported results in the 2008 and 2010 Integrated Reports Probabilistic Monitoring chapters. A low percentage of Wadeable stream miles had concentrations above PECs. Due to low concentrations and high sampling costs, VDEQ will not report on organic chemicals during this assessment cycle. Integrated report chapters from previous assessment cycles contain estimates of organic chemicals in sediment.

These chapters can be found online at:

<http://www.deq.virginia.gov/Programs/Water/WaterQualityInformationTMDLs/WaterQualityMonitoring/ProbabilisticMonitoring.aspx#reports>.

## **Bacteria**

*Escherichia coli* (*E. coli*) bacteria are found in the intestines and fecal matter of warm-blooded animals. High counts of *E. coli* bacteria in a stream indicate that there is an elevated risk of illness from pathogenic organisms. According to Virginia's Water Quality Standard for *E. coli*, a stream should not exceed a geometric mean (for two or more samples taken within a calendar month) of 126 colony forming units (cfu) per 100mL of water or an instantaneous maximum of 235 cfu/100mL (Commonwealth of Virginia 2011).

VDEQ bacterial impairment listing is determined based on a temporal data set where bimonthly bacteria samples are collected from a single site over two years. Bacteria are only sampled once at each ProbMon site. Site specific bacteria problems are best characterized by repeated samples over several months as is the approach in VDEQ's ambient monitoring program. For this reason, bacteria results from the freshwater ProbMon program and ambient monitoring program are not comparable and as such the results are not presented.

Beginning in 2013, VDEQ sampled bacteria monthly at probabilistic monitoring sites that met certain criteria. Monthly sampling efforts will allow VDEQ to make temporally accurate bacteria estimates, which will be included in future reports.

### **2.4.4 Biological Monitoring**

Biological monitoring, or biomonitoring, of streams and rivers is an integral component of VDEQ's water quality monitoring program. Biomonitoring allows VDEQ to assess the overall ecological condition of streams and rivers by evaluating stream condition with respect to suitability for support of aquatic communities. In Virginia, benthic macroinvertebrate communities are used as indicators of ecological condition and to address the question of whether a waterbody supports the aquatic life designated use.

VDEQ uses multimetric macroinvertebrate indices, specifically the Virginia Stream Condition Index (VSCI) and the Virginia Coastal Plain Macroinvertebrate Index (VCPMI), to assess the aquatic life use status of Wadeable streams and rivers. The VSCI and the VCPMI are applied to biomonitoring data collected in freshwater non-coastal areas and freshwater coastal areas, respectively. These indices utilize several biological metrics that are regionally calibrated to the appropriate reference condition



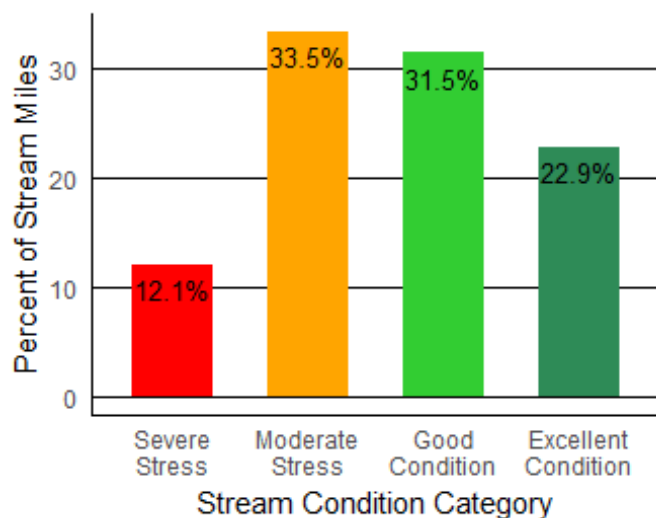
(VDEQa 2006; VDEQ 2013). Results are calculated into a single value, or score, that is sensitive to a wide range of stressors.

*Table 2.4-5. VSCI/CPMI (2009 - 2014, n=254) Scores compared to Virginia's Assessment Thresholds.*

Parameter	Below Standard
VSCI/VCPMI	45.6% (+/- 7.0% )

VSCI and VCPMI scores were scaled for comparability in all analyses. Based on VSCI and VCPMI ProbMon results, VADEQ estimates that 45.6% of Virginia streams and rivers do not meet the aquatic life use standard (Table 2.4-5). An estimate of statewide biological health by condition category is shown in Figure 2.4-5. VSCI scores less than 42 are considered severely ecologically stressed, scores between 42 and 60 are moderately stressed, while sites above 60 to 72 are thought to have good ecological conditionals and sites with VSCI scores above 72 are considered to have excellent water quality and habitat conditions (VDEQ, 2006a). It is important to remember that biological indicators represent long-term water quality conditions and respond to all sources of stress.

*Figure 2.4-5. Biological stream condition index based on VSCI/VCPMI Scores (2009 - 2014, n = 254).*



### 2.4.5 Parameters without Water Quality Standards

Stressors that increase the risk to benthic macroinvertebrate communities and do not have specific water quality standards include streambed sedimentation, habitat degradation, nutrients, ionic strength, and water column cumulative metals. Thresholds for the aforementioned stressors are presented in Tables 2.4-7 and 2.4-8 and are derived from literature values. The 'optimal' classification represents water quality conditions that are not associated with degraded aquatic communities. Stressors classified as 'suboptimal' increase the likelihood of finding an impacted aquatic

community. The condition class between optimal and suboptimal is termed ‘fair’ as the stress to the aquatic community is less certain.

*Table 2.4-6. Thresholds of condition classes for biological indicators.*

Response Parameters	Optimal	Suboptimal	Classification Reference
Virginia Stream Condition Index	> 60	<50	(VDEQ 2006a)
Virginia Coastal Plain Macoinvertebrate Index	> 40	<30	(VDEQ 2013)

*Table 2.4-7. Thresholds of condition classes for stressor indicators<sup>1</sup>.*

Stressor Parameters	Optimal	Suboptimal	Classification Reference
Total Nitrogen (mg/L)	< 1	> 2	(VDEQ 2006a)
Total Phosphorus (mg/L)	< 0.02	> 0.05	(VDEQ 2006a)
Habitat Degradation (unitless)	> 150	< 120	(USEPA 1999)
Streambed Sedimentation (unitless)	> -0.5	< -1.0	(Kaufmann 1999)
Ionic Strength (TDS mg/L)	< 100	> 350	(VDEQ 2006b)
Cumulative Dissolved Metals (unitless)	< 1	> 2	(Clements 2000)

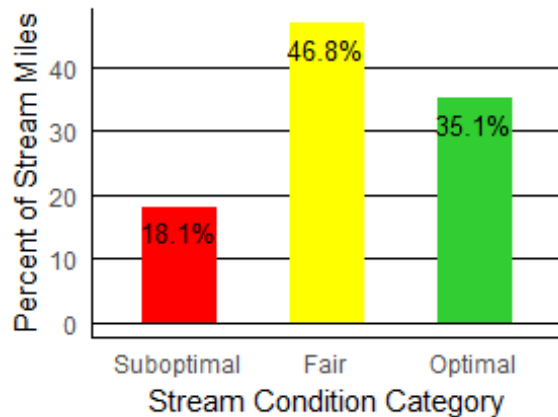
## Habitat Disturbance

Habitat is defined as the area or environment where an organism resides. It encompasses its surroundings, both living and non-living. Fish, aquatic insects, and plants require certain types of habitat to thrive, so in-stream and riparian (stream bank) habitat is evaluated when a biomonitoring sample is collected. Because different organisms have diverse habitat requirements, a variety of available habitat types in a stream or river will support a diverse aquatic community. Habitat is scored by evaluating ten habitat parameters and adding them together (total scores range from 0 to 200). Habitat scores above 150 indicate habitat conditions favorable for supporting a healthy aquatic community and are considered optimal. Scores lower than 120 are considered suboptimal and scores between 120 and 150 are fair (EPA 1999). As indicated in Figure 2.4-6, VDEQ estimates that slightly over 35% of stream and river miles have available habitat that is considered optimal.

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<sup>1</sup> The relative risk screening values presented in Tables 2.4-8 do not represent water quality criteria nor are intended for establishing TMDL endpoints. The values represent an increase in the probability of stress to benthic communities.

*Figure 2.4-6. Estimate of Habitat Condition in Virginia Streams and Rivers. Data presented is from 2009 - 2014 (n = 254).*

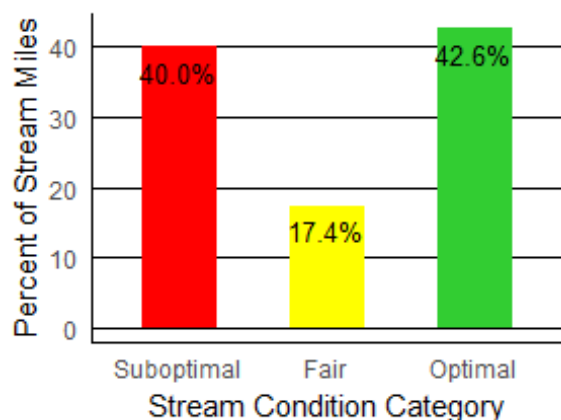


### **Streambed Sedimentation**

Excessive sedimentation is a component of habitat and is one of the most pronounced impacts to benthic communities. Excess sediment fills interstitial spaces in the stream substrates used by aquatic organisms, disturbs refuge areas, and can potentially smother the organisms. Until recently, tools for quantifying sedimentation impacts in streams have been inadequate. Methods existed for describing dominant instream particle size, but it was difficult to differentiate between natural conditions and man-made problems. Virginia has a variety of stream types; many are naturally sand/silt bed streams, so simply measuring the size of the sediment particles cannot differentiate natural and human-influenced sediment load.

VDEQ uses the relative bed stability (RBS) method for predicting the expected substrate size distribution for streams (Kaufmann 1999). RBS incorporates stream channel shape, slope, flow, and sediment supply. The method calculates a 'stream power' based on channel measurements to predict the expected sediment size distribution. The ratio of the observed sediment to the expected sediment is a measure of the RBS. A stream with a log RBS of less than -1 is carrying excess sediment while streams above -0.5 have a normal sediment load (Kaufmann 1999 and USEPA 2000). Nearly 40% of Virginia's stream and river miles have suboptimal sedimentation values (Figure 2.4-7).

Figure 2.4-7. Estimate of streambed sedimentation conditions in Virginia streams and rivers as defined by LRBS measures. Data presented is from 2009 - 2014 (n = 231).



## Nutrients

Nutrients are substances assimilated by living organisms that promote growth. Nitrogen and phosphorus are the two most important nutrients in Virginia streams and rivers. Excess nutrients can stimulate in-stream plant and algal growth. Characteristics of nutrient enriched streams may include low dissolved oxygen, frequent fish kills, shifts in aquatic communities, and blooms of nuisance algae. Nutrients may come from fertilized lawns and cropland, failing septic systems, municipal and industrial discharges, and/or livestock manure.

Total phosphorus above 0.05 mg/L and total nitrogen above 2 mg/L is considered suboptimal (Table 2.4-7) and can result in undesirable algae growth and shifts in aquatic communities (VDEQ 2006a). VDEQ estimates that nearly 44% and over 83% of stream and river miles are classified as optimal for total phosphorus and total nitrogen, respectively (Figures 2.4-8 and 2.4-9).

Figure 2.4-8. Estimate of Total Phosphorus Conditions in Virginia Streams and Rivers. Data presented is from 2009 - 2014.

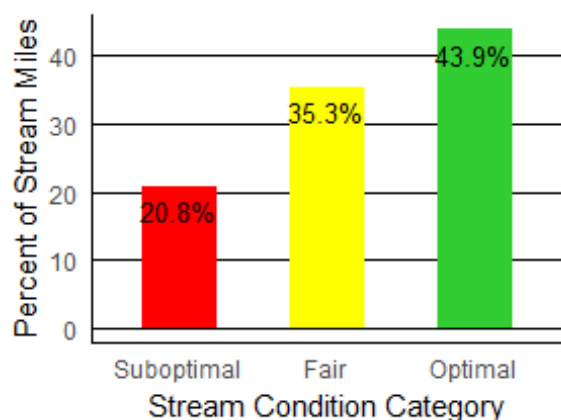
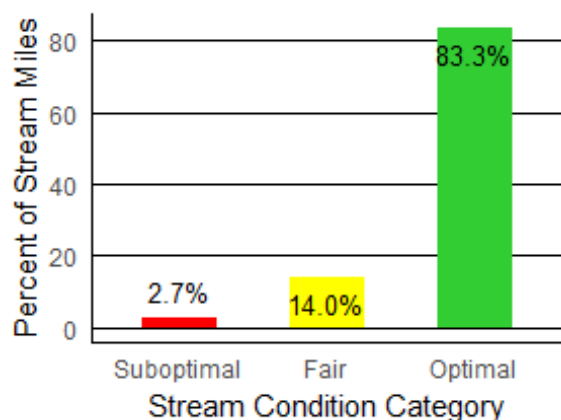


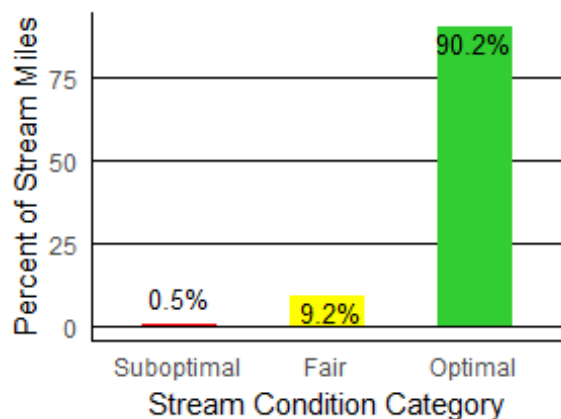
Figure 2.4-9. Estimate of Total Nitrogen Conditions in Virginia Streams and Rivers. Data presented is from 2009 - 2014.



### Ionic Strength (Total Dissolved Solids)

Ionic strength varies with natural geology, but increases significantly in response to anthropogenic activities such as surface mining, road salts, or other industrial discharges. VDEQ uses total dissolved solids (TDS) to measure ionic strength. Ionic strength is a measure of dissolved ions, dissolved metals, minerals, and organic matter in the water column. Water quality studies have consistently demonstrated that high levels of TDS in the water column impact aquatic life (VDEQ 2006b). TDS levels above 350 mg/L increase the likelihood of having a degraded aquatic community and are considered suboptimal (Table 2.4-7). Results are shown in Figure 2.4-10; VDEQ estimates that about 0.5% of Virginia streams have TDS levels in the suboptimal range.

Figure 2.4-10. Estimate of Ionic Strength Conditions in Virginia Streams and Rivers. Data presented is from 2009 - 2014.



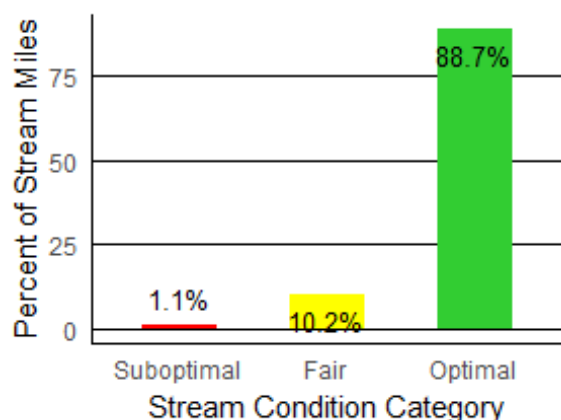
### Cumulative Dissolved Metals (Cumulative Criterion Unit Metals Index)

Heavy metals such as mercury, chromium, cadmium, arsenic and lead in streams and rivers can be harmful to aquatic insects at low concentrations. The metals tend to accumulate in the gills and muscles of aquatic organisms. Dissolved metals have been

identified as important predictors of stream health. Toxicity of many metals is dependent on water hardness making it necessary to calculate site specific water quality criteria from hardness values.

In the context of water quality criteria, dissolved metals are typically treated independently (as discussed in Section 2.4.3); however there is strong evidence that metals have a cumulative effect (Clements 2000). Cumulative Criterion Units (CCU) account for this additive effect by standardizing each dissolved metal's concentration. The metals are summed together and the result is the CCU Metals Index score. When the CCU Metals Index is above 2, the cumulative effect is considered likely to harm aquatic life (Clements 2000). VDEQ estimates that nearly 1% of river miles in Virginia have Cumulative Criterion Units that are considered suboptimal (Figure 2.4-11; Table 2.4-7).

*Figure 2.4-11. Estimate of Cumulative Criterion Unit Metals Index in Virginia Streams and Rivers. Data presented is from 2009 - 2014.*



## 2.4.6 Stressor Extent and Relative Risks

One of the advantages of probabilistic datasets is the ability to calculate the stressor extent (Figure 2.4-12, Figure 2.4-14), and relative risks (Figure 2.4-13) that different environmental stressors have on the ecological health of rivers and streams across large regions. Since the stations are selected at random, VDEQ can estimate water quality parameter values over the entire state with known confidence. USEPA and other states have employed stressor extent and relative risk concepts extensively in their reports (ODEQ 2007; USEPA 2006; Van Sickle 2006; Van Sickle 2008).

Stressor extent shows how prevalent a stressor is in Virginia streams. Calculation of relative risk requires classification of water quality responses (e.g. the benthic macroinvertebrate indices – Table 2.4-6) and the water quality stressors (Table 2.4-7) into optimal and suboptimal categories. VDEQ classified biological response parameters based on the aquatic life use standard. The stressor indicators in Table 2.4-7 were classified using screening values from peer reviewed literature studies. It is important to remember that the stressor screening values are not equivalent to water

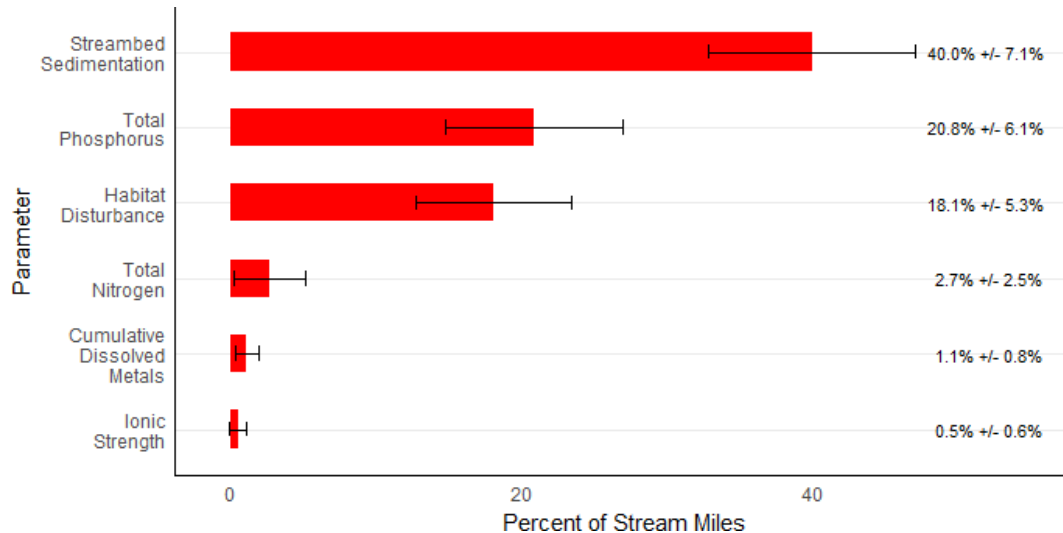


quality standards in the Commonwealth of Virginia. This data-intensive statistical technique requires the entire probabilistic monitoring dataset (2001 - 2014).

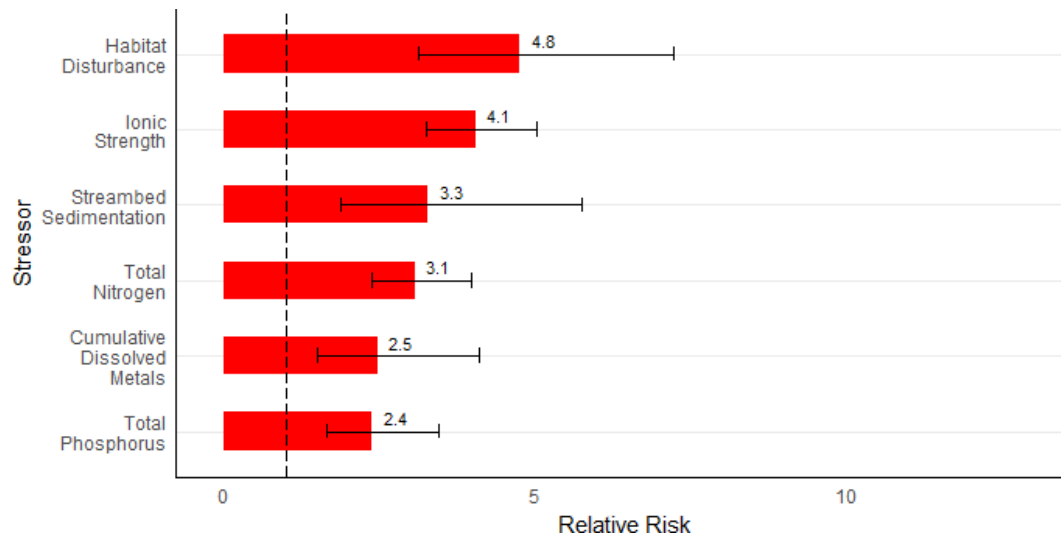
Relative risk is a term borrowed from the medical field and applied here to communicate the severity of impact a stressor has on the aquatic environment. For example, it has been shown that an individual with total cholesterol above 240 mg/dl is at greater risk for heart disease than an individual whose cholesterol is below 200 mg/dl. When an individual has a cholesterol level above 240, their relative risk of having heart disease is higher than an individual with cholesterol level below 200.

The relative risks for aquatic stressors can be interpreted in a similar manner to the heart disease example. Figure 2.4-13 illustrates that the relative risk to the biological community due to habitat disturbance is 4.8; thus, the biological community is 4.8 times more likely to be considered suboptimal when habitat disturbance scores (USEPA 1999) are below 120. Relative risk values larger than 1 indicate an elevated risk to the biological community; consequently, only water quality stressors with a relative risk greater than 1 are reported in this chapter. Sediment metals and pH were also evaluated for increased risk to the biological community, but did not show significant relative risk to the biological community.

*Figure 2.4-12. Stressor extent for major benthic macroinvertebrate stressors in Virginia streams. The horizontal lines associated with the parameters illustrate the confidence intervals. Stressor extent shows the frequency of the stressor in all Virginia streams from data collected for the 2016 Integrated Report (2009 - 2014).*



*Figure 2.4-13. Relative Risk for major benthic macroinvertebrate stressors in all Virginia streams. The horizontal lines associated with the parameters illustrate the confidence intervals. The vertical dashed line at 1 indicates significance; thus, all relative risk estimates and confidence intervals that exceed the dashed vertical are significant. Relative risk shows the number of times more likely a benthic macroinvertebrate community is to be scored in the suboptimal range if the parameter shown on the y-axis is degraded.*



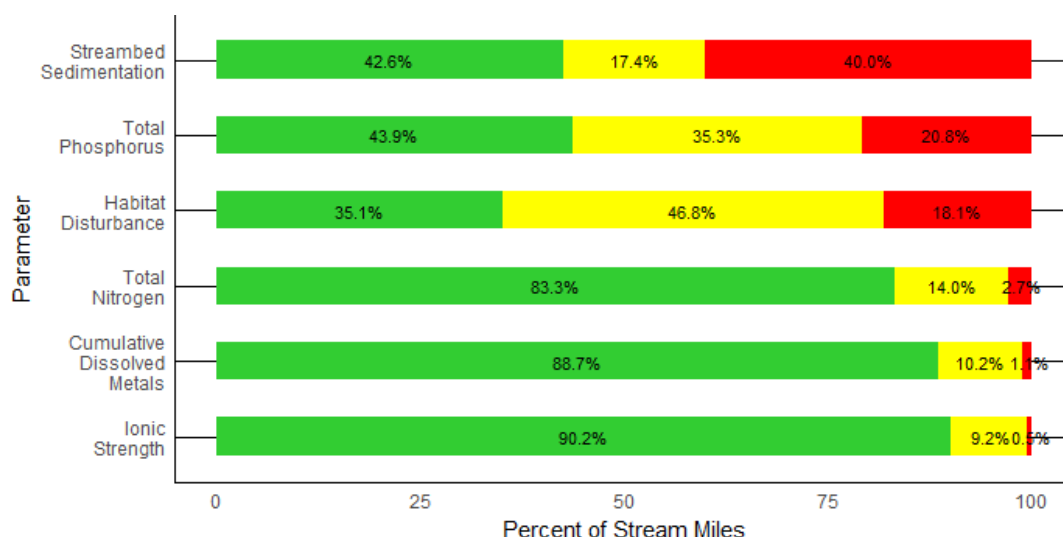
The most common stressor across Virginia is streambed sedimentation. ProbMon data estimates streambed sedimentation is considered suboptimal in almost 40% of Virginia streams. When streambed sedimentation levels are suboptimal, relative risk analysis predicts they are 3.3 times more likely to have suboptimal benthic community than streams with optimal sedimentation levels. Nearly 18% of Virginia streams have suboptimal habitat disturbance scores; suboptimal habitat disturbance scores increase the relative risk of a suboptimal aquatic community by a factor of 4.8.

The two major nutrients found in Virginia streams are nitrogen and phosphorus; their relative risks are 2.4 and 3.1, respectively. Suboptimal phosphorus conditions occur in many more streams (20.8%) than elevated nitrogen (2.7%). Ionic strength (as measured by total dissolved solids) has a relative risk of 4.1 which is one of the highest relative risks in the analyses. However, suboptimal ionic strength conditions were only found in 0.5% of Virginia streams. Dissolved metal concentrations that may cause adverse biological condition were found in 1.1% of Virginia streams; however, elevated dissolved metal concentrations increase the relative risk of having a suboptimal benthic macroinvertebrate community by 2.5.

Stressor extent presented in Figure 2.4-12 only focuses on the percent of stream miles deemed suboptimal by each of the major stressors to Virginia streams. Figure 2.4-14 encompasses the entire stream population for each stressor to relate a more complete narrative surrounding stressor extents in Virginia. Streambed sedimentation has the highest extent of stress in Virginia and nearly the same percent of stream miles in the optimal and suboptimal categories. As we have explored through previous visualization tools, streambed sedimentation, total phosphorus, and habitat disturbance

are fairly widespread stressors statewide. Total nitrogen, water column metals, and ionic strength are fairly rare in Virginia with the majority of stream miles in the optimum category of their respective parameter.

*Figure 2.4-14. Stressor extent for major benthic macroinvertebrate stressors in all Virginia streams (2009 - 2014) showing all condition classes (optimal, fair, and suboptimal). Optimal condition estimates are shown in green, fair condition estimates are yellow, and suboptimal conditions are shown in red.*



## 2.4.7 Uses of Probabilistic Data

In addition to estimating the condition of all streams and rivers compared to established water quality criteria/screening values and identifying the major stressors to aquatic organisms, freshwater ProbMon data has many ancillary applications within water quality management programs. Examples of these uses are discussed below.

ProbMon data is used in describing both the natural and baseline conditions of Virginia streams. In addition, ProbMon has helped identify minimally disturbed streams and understand their natural variability. This information is integral for VDEQ to develop more regionally specific water quality expectations and in turn define reference conditions and select appropriate reference sites. ProbMon has also provided statistically defensible descriptions of stream conditions as of the beginning of this century. VDEQ will find this baseline tremendously valuable for comparison in future assessments.

ProbMon data is currently being used by an internal VDEQ workgroup tasked with improving the stressor analysis process in benthic macroinvertebrate TMDLs. Stressor analysis is the process whereby candidate causes of stress (or stressors) to benthic macroinvertebrate communities are evaluated. The purpose of the workgroup is to develop data collection recommendations and scientifically defensible screening values for categorizing potential stressors. ProbMon data is especially useful in describing

statewide in-stream conditions for those parameters that do not currently have water quality standards. Understanding existing conditions for those parameters without water quality standards provides perspective on parameter data and a way to evaluate potential stressors. Relative Bed Stability and metals in water column CCU are examples of new tools that are applicable to benthic macroinvertebrate TMDL stressor analysis. Relative Bed Stability is currently being utilized to evaluate sedimentation as a candidate stressor. ProbMon data is being used to create stressor specific metrics to help TMDL staff identify stressor signals from impaired reaches and collect the appropriate water chemistry information.

The collocation of biological, chemical, habitat and landuse data at ProbMon sites also allows for the examination of multiple stressors such as dissolved metal CCUs. VDEQ plans to explore the effects of multiple stressors in future reports. This information should aid TMDL development and provide insight into how biological communities and stressor parameters interact.

ProbMon data is also being used as a test platform for new monitoring approaches such as periphyton and fish community data collection. The collection methodology was designed and tested in tandem with the USEPA's National Aquatic Resource Survey (NARS). Until VDEQ participated in the NARS sampling, habitat and biology data collection methodologies were not refined for large rivers. Now VDEQ is collecting complete ProbMon data sets for large rivers and plans to report on the condition of this valuable freshwater resource. Because ProbMon provides biological, chemical, physical habitat, and land use information at each site, the data set is indispensable for developing and improving biomonitoring tools.

The ProbMon dataset provided crucial data needed to fill in gaps during the development of the VSCI and the validation of both the VSCI and Coastal Plain Macroinvertebrate Index (CPMI) (Maxted 2000). Following the validation, VSCI assessment results were included in the 2008 Integrated Report. VDEQ used ProbMon data to validate the CPMI. Specifically, ProbMon data was utilized to identify new reference sites in the coastal plain, check ecoregion best standard values, and select potential metrics that would help the CPMI detect benthic macroinvertebrate community stresses created by human activity. The effort resulted in a new, robust tool for evaluating benthic macroinvertebrate communities in the coastal plain regions of the Commonwealth called the Virginia Coastal Plain Macroinvertebrate Index (VCPMI, VDEQ 2013). The technical VCPMI document is online at: <http://www.deq.virginia.gov/Portals/0/DEQ/Water/WaterQualityMonitoring/ProbabilisticMonitoring/vcpmi.pdf> . ProbMon also aided in improving the biomonitoring program by identifying over 100 new biological references sites, doubling the number of reference sites in the Virginia reference site database.

ProbMon sites are the platform for building a genus-level macroinvertebrate database which may ultimately be used in developing a more robust multimetric assessment tool. ProbMon data may also be used to create a biological condition gradient for Virginia stream and rivers. The biological condition gradient is a descriptive model that illustrates how increasing stress alters ecological attributes (Davies and Jackson 2006). A biological condition gradient defines expected conditions, like benthic

macroinvertebrate community structure, for streams by stream order and ecoregion. The biological condition gradient may help VDEQ protect high-quality streams and provide stepwise interim goals for tracking water quality improvement.

Probabilistic data has been used to support water quality permitting decisions. VDEQ establishes defensible background conditions in dissolved metal permit model by using the statistically derived baseline metal estimates for watersheds across the Commonwealth. A workgroup has been formed to help deliver this information to the water permitting group at VDEQ.

An important future application of ProbMon data is change analysis (Kincaid 2016). VDEQ adjusted the experimental design of ProbMon by adding randomly selected sentinel sites in order to accelerate its ability to detect changes in population estimates. By revisiting a relatively small number of these randomly located sites each year, VDEQ will be able to detect statewide and regional chemical, habitat, and biological changes. Perhaps the most important question a monitoring program addresses is: are management initiatives effective? The ability of ProbMon to detect shifts in populations estimates is critical to the goal of assessing the effectiveness of water quality management programs.

#### 2.4.8 Conclusion

VDEQ analyzed 14 water quality parameters with established water quality criteria and/or screening values and 6 parameters without water quality criteria. Most of the parameters that have water quality criteria meet applicable standards. The majority of water quality standard exceedences are attributed to legacy pollutants or natural conditions. The results presented in the ProbMon chapter reflect the success of VDEQ's management of water quality parameters with water quality criteria.

Only biological monitoring results were found to be below screening thresholds in a relatively high percentage of streams. Benthic macroinvertebrate communities were degraded in 46% of the wadeable streams and rivers in Virginia; a percentage that could be considered widespread. Benthic macroinvertebrate communities are indicators of water quality problems because they respond to a variety of water quality stressors including parameters that have water quality standards (e.g. dissolved oxygen levels) and parameters that do not have criteria (e.g. such as nutrients and sedimentation). The following six stressors increase the risk to aquatic organisms and do not currently have water quality standards: streambed sedimentation, habitat disturbance, total phosphorus, total nitrogen, total dissolved solids, and cumulative metals in water column. These parameters are discussed in Section 2.4.5. These six major stressors do not currently have water quality standards, but most are being addressed through a variety of strategies such as nutrient management plans and best management practices. As the ProbMon program evolves and VDEQ expands on the uses of ProbMon data, enhancement of the strategies for understanding, evaluating and restoring the Commonwealth's streams and rivers will continue.

Presentations, posters, reports, and handouts about ProbMon are available for viewing and download at the following website:  
<http://www.deq.virginia.gov/Programs/Water/WaterQualityInformationTMDLs/WaterQualityMonitoring/ProbabilisticMonitoring.aspx>.

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